

JARC CAFÉ

Monday 1/23

Mild Chicken Wings

Served with Corn Cobb, Celery Sticks & Homemade Garlic Dip

\$6.00

Tuesday 1/24

Three Cheese Baked Stuffed Shells

Served with Garlic Bread & Garden Salad

\$5.00

Wednesday 1/25

Curry Turkey Wrap

(From Weight Watchers - Points Plus value: 6)

Served with Fresh Fruit & Garden salad

\$6.00

Thursday 1/26

Fresh Baked Salmon with Dill Sauce

Served with Roasted Sweet Potato, Vegetables & side salad

\$5.50

Friday 1/27

Chicken Breast Piccata with lemon & Capers

Served with Steamed Vegetables, Rice & Peas & Side Salad

\$6.00

Monday's Soup: *Lentil Soup*

Tuesday's Soup: *Tomato Rice*

Wednesday's Soup: *Egg Drop Noodle Soup*

Thursday's Soup: *Split Pea Soup*

Friday's Soup: *Chicken Noodle Vegetable Matzo Ball Soup*