

Lunch Menu
JARC CAFÉ

Monday 2/8

Eggplant Parmesan on a French Baguette
Served with Fresh Fruit & Side Salad
\$5.00

Tuesday 2/9

Tilapia Fillet with Tarragon Mustard Sauce
Baked Fish Fillet served with Garlic Potatoes Medley
Steamed Vegetables & Side Salad
\$5.50

Wednesday 2/10

Chicken Breast Caesar Salad Wrap
Served with Chips & Garden salad
\$6.00

Thursday 2/11

Fresh Baked Salmon
Served with Dill Sauce, Rice Pilaf, Steamed Vegetables and Side Salad
\$5.50

Friday 2/12

Moroccan Mushroom & Olives Chicken
Served with Couscous, Steamed Vegetables & Side Salad
\$6.00

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Monday's Soup: *Vegetable Soup with Tortellini*

Tuesday's Soup: *Spicy Sun-Dried Tomato with White Beans & Swiss Chard*

Wednesday's Soup: *Turkey Egg drop Soup*

Thursday's Soup: *Portobello Mushroom Ravioli in a curry cream*

Friday's Soup: *Chicken Vegetable & Noodles Matzo Ball*