

## Community Connection Card

### CRISIS / MENTAL HEALTH HELPLINES (24 HOURS)

Emergency—Medical, Police, or Fire 911  
HNCSB- EMERGENCY SERVICES 788-0011

National Suicide Prevention Lifeline  
1-800-273-TALK(8255) **VETERANS PRESS 1**  
1-800-799-4TTY(4889)  
Para obtener asistencia en español  
durante las 24 horas, llame al  
1-888-628-9454

### Hotlines

Adult Abuse 1-888-832-3858  
Child Abuse 1-800-552-7096  
AIDS/STD 1-800-533-4148  
Crisis Line of Central VA 1-800-SUICIDE  
Family Violence 1-800-838-8238

### Domestic Violence

Transitions Family Services 723-7774  
Avalon 258-5051

### Social/Human Services

JCC 259-3100  
Williamsburg Human Services 220-6161  
York/Poquoson 890-3787  
Hampton Human Services 727-1800  
Newport News Human Services 926-6300

### Counseling / Family / Mental Health

Hampton/Newport News Community  
Services Board (HNCSB)\* 788-0300  
Colonial Services Board 220-3200  
Adult Psychiatric Counseling\* 788-0200  
Adult Substance Abuse Counseling\* 788-0400  
Children and Adolescent Services\* 788-0600  
Center for Child & Family Services\* 838-1960  
Catholic Charities\* 875-0060

### Information & Referral

Statewide Information & Resources 211  
First Call Information & Referral Services  
594-4636  
United Way Information & Referral HelpLine  
(Historic Triangle) 229-2222

### Medical / Dental Healthcare

Health Care for the Homeless 591-0839  
PICH Clinic\* 380-8709  
Caret Pregnancy Resource Ctr. 591-0303  
Planned Parenthood 826-2198

### Assistance

Red Cross 838-7820  
Peninsula Agency on Aging 873-1437  
H.E.L.P. 850-8956  
H.E.L.P. Health Clinic\* 723-0648  
H.E.L.P. Dental Clinic 727-2577  
Lackey Free Clinic 886-0608  
LINK of Hampton Roads 595-1953  
Salvation Army 838-4875  
ACCESS AIDS Care 722-5511

\*- denotes sliding fee scale

### Veteran Assistance

VA Medical Center Hampton 722-9961  
VAMC Homeless Outreach  
x1285 or x3242  
Eligibility/Benefits  
x3040 or x1155

### Transitional Housing

x 2137, x1285, x3242  
Mental Health x3584  
Domiciliary x3129  
Salvation Army VA Shelter 838-4875

### Substance Abuse Support and Advocacy

Alcoholics Anonymous 595-1212  
Narcotics Anonymous 459-8467  
Historic Triangle Substance Abuse Coalition  
476-5070

### Mental Health Support and Advocacy

National Alliance on Mental Illness  
804-285-8264  
Family Support & Education Programs  
503-0743  
Peer Support & Education Programs  
788-0028



GVPCCC  
TASK FORCE ON HOMELESSNESS