WHAT DO FOSTER CARERS SAY?

‘I use ‘I’ Messages, and they are working.’
Janet

‘If I had this training many, many years ago, some of the placements I had, I would have kept them. Rather than saying I can’t be bothered, I would have worked with it. Since doing this course, any placement I should get these kids are staying with me.’
Joan

‘I have gained a lot around praise; I am doing that a lot. It’s a brilliant course and I think all Foster Carers should do it.’
Janet

‘As a NEW Foster Carer coming on this course has opened my eyes.’
Lorraine

‘I am seeing changes already’. Henrietta

The Fostering Changes Programme was established in 1999 by the Conduct Disorder, Adoption and Fostering National and Specialist Team at the Maudsley Hospital. Following the increasing request from Foster Carers for more practical solutions to the problems they were experiencing with their Looked After Children to manage behaviour and avoid disruptions, the team developed and trialed a course with Southwark Foster Carers.

It was received positively and developed into a formal programme of training for Foster Carers as the Fostering Changes Programme, published by BAAF in 2005.

Since this time, the programme has been delivered across a number of Boroughs in London and throughout England with success.

The Fostering Changes Programme is behaviourally based and derives from research into parenting skills, attachment, educational attainment and the academic progression of looked after children who are in Foster Care.

In supporting and promoting the use of the Programme within Local Authorities and Independent Fostering Providers, the Department of Children, Schools and Families, recently awarded Kings College London with funding to support the development and delivery of a Facilitators Course throughout England from 2009 to 2011.
The Fostering Changes Programme is being rolled out in England from 2009 to 2010 via the delivery of a Facilitators Course to support your team in delivering the Programme to Foster Carers.

You are supported in the delivery of your Fostering Changes Programme with a Facilitators Course, Consultation session and web based information.

Fostering Changes is a flagship course for Foster Carers that provides them with the practical skills to manage placements. In turn it enables you to have increased confidence in your Carers’ skills and abilities to make a significant difference to a looked after child’s life.

Why deliver the Fostering Changes Programme?

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Overview

- 12 Sessions delivered over 12 weeks the Programme fits neatly with term times
- An evidence based programme that gives you confidence of the foundation theories and constructs of its development.
- A course supported by DCSF and noted in Care Matters as a premier course for Foster Carers.
- A programme that ensures Foster Carers gain real skills in behaviour identification and management.
- A course that supports the longevity and stability of placements.

Each day runs from 10.00 a.m. to 1.00 p.m. to support Carers with school commitments

A light lunch and refreshments are provided each day to keep your Foster Carers well nourished and ready to learn.

SUPPORT SERVICES

Complete a 4 Day Facilitators Course to support you in your delivery of the Fostering Changes Programme.

One day Consultation following completion of the Facilitators Course ensures you have access to additional support as you are delivering your own Fostering Changes Programme.

Find out more about these Courses by visiting www.fosteringchanges.com