Tuesday 1 February 2011



TO: All Clubs

Associations Branches Futsal

Referee Branches

URGENT NOTICE: FOOTBALL NSW HOT WEATHER POLICY

Football NSW has today issued an updated Football NSW Hot Weather Policy and provided additional reference materials including the Sports Medicine Australia <u>Hot Weather Guidelines</u>, <u>Heat Stress Index</u> and <u>Beat the Heat Factsheet</u>.

This has been necessary to assist in ensuring that all Clubs, Associations, Branches, Futsal and Referees give priority consideration to player safety and welfare in hot conditions of above 30° temperatures that we are currently experiencing and in the future.

We therefore ask that your organisation supports Football NSW in its endeavours to highlight the importance of monitoring hot weather conditions and the wellbeing of players, officials, volunteers and staff and cancelling games, training, selection trials, camps and clinics and any other physical activities where the temperature poses a risk of safety to participants or reach the recommended cancellation temperatures of **32° for Children** and **37° for Adults.**

Please ensure that a copy of the information issued is provided to all coaches, managers, officials, referees and volunteers or staff involved in football activities and included in documentation listed on your organisation website.

The information provided will also be available for direct download or link in Policies and Documents on the Football NSW website www.footballnsw.com.au

For further assistance please contact Football NSW Risk Manager, Michelle Hanley on email: michelle@footballnsw.com.au or phone 02 8814 4402.

Yours sincerely,

IAN HOLMES,

General Manager.

Her Helmas