



BODY SCULPTURE

with **JULIAN GRISHAJEV**

Professional advice for:

- Basic level training
- Strength increasing for men
- Fat loss program
- Correct diet for gain muscles
- Fitness program for woman

www.tarzan-maxx.com

question@tarzan-maxx.com

+15303567416(outside of Europe)

www.vitalife-ireland.com info@vitalife-ireland.com +353 85 133 6685